

STUFFING 101

THE ULTIMATE BOREDOM BUSTER!

Calms - Improves Behavior - Soothes Teething Gums

Provides Mental Stimulation



How to stuff:

BEGINNER STUFFING: START WITH THE EASIEST OPTION. OPEN A CAN OF DOG FOOD, FILL A TOPPL AND FREEZE IT. YOUR DOG WILL ❤️ IT!

SUPER STUFFER STUFFING: 1. GATHER UP ALL YOUR "STUFFABLE" ITEMS - TOPPLS ARE THE BEST! BUT, ALSO USE ANYTHING SAFE AND HOLLOW: KONG, TWIST 'N TREAT, MARROW BONE, PORK ROLL, ETC.

2. PULL OUT A VARIETY OF STUFFINGS: CANNED DOG FOOD, CANNED PUMPKIN, PLAIN YOGURT, CANNED SWEET POTATO, COTTAGE CHEESE, PEANUT BUTTER, TREATS, SOAKED DRY DOG FOOD, MASHED BANANA.

3. SPOON FILLINGS INTO THE STUFFABLES. THE MORE LAYERS, THE MORE INTERESTING. HERE'S A SAMPLE RECIPE:

"Cherry" on top - Chicken Chip
Top layer - Plain, Greek yogurt
Middle layer - Canned pumpkin
Bottom layer - Canned Fromm Turkey Pate'



West Paw
Toppl

4. FREEZE IT. MAKE IT EASY FOR YOUR DOG THE FIRST FEW TIMES BY ONLY PARTIALLY FREEZING (30 MINS TO AN HOUR). ONCE YOUR DOG GETS THE HANG OF IT, FREEZE SOLID (3+ HOURS) FOR A LONG LASTING PUZZLE.



Do a week's worth of
stuffing at one time.

Incorporate enrichment activities.
into the daily routine.



Twist 'n
Treat

Variety keeps things
interesting! Rotate out
different toys.